

## **Information for Manchester's homeless provisions and services**

### **1. Albert Kennedy Trust (AKT)**

50 Oak Street, Northern Quarter, Manchester, M4 5JA

**Opening Hours:** Mon-Fri between 10.00am – 16.30pm  
**Tel:** 0161 228 3308  
**Email:** [gethelp@akt.org.uk](mailto:gethelp@akt.org.uk)  
**Website:** [www.akt.org.uk](http://www.akt.org.uk)

Supports LGBTQ+ young people aged 16-25.

### **2. Barnabus Office**

61 Bloom Street, M1 3LY

**Opening Hours:** Mon – Thurs between 10.00am – 16.00pm (ideally appointment only)  
**Tel:** 0161 237 3223  
**Email:** [admin@barnabusmanchester.co.uk](mailto:admin@barnabusmanchester.co.uk)  
**Website:** [www.barnabus-manchester.org.uk](http://www.barnabus-manchester.org.uk)

Street homeless or in temporary accommodation.

#### **The Beacon (Barnabus)**

45 Bloom St, M1 3LY

**Tel:** 0161 237 3223  
**Breakfast project:** Mon-Thurs between 7.30am - 8.30am  
**Morning support:** Mon-Thurs between 9.15am – 12.00pm

(Both sessions for Street homeless ONLY)

### **3. Big Issue North**

113 Fairfield St, Manchester M12 6EL

**Tel:** 0161 831 5550  
**Email:** [ruth.tuck@thebiglifegroup.com](mailto:ruth.tuck@thebiglifegroup.com)  
**Website:** [www.bigissuenorth.com](http://www.bigissuenorth.com)

Vendors sell the Big Issue instead of begging. Vendors buy The Big Issue magazine for £1.50 and sell for £3.

### **4. Boaz Trust**

Kath Locke Centre, 123 Moss Lane East, M15 5DD

**Opening Hours:** Mon – Fri between 10.00am – 16.00pm (ideally appointment only)  
**Tel:** 0161 202 1056  
**Email:** [info@boaztrust.org.uk](mailto:info@boaztrust.org.uk)  
**Website:** [www.boaztrust.org.uk](http://www.boaztrust.org.uk)

Helps asylum seekers and refugees in Greater Manchester. Referral for clients via website. No office drop in/advice service due to long waiting list.

**5. Booth Centre**, Edward Holt House, Pimblett Street, M3 1FU

**Opening Hours:** Mon – Fri between 10.00am – 16.00pm  
**Tel:** 0161 835 2499  
**Email:** [info@boothcentre.org.uk](mailto:info@boothcentre.org.uk)  
**Website:** [www.boothcentre.org.uk](http://www.boothcentre.org.uk)

**Free Breakfast café** between 9.00am – 10.00am.

**Activities available and free lunch** between 10.00am – 12.00pm.

**Support and advice** including help to get into accommodation and support for EU migrants between 9.00am – 12.00pm.

**6. Centrepoint**

52 Oldham Street, M4 1LE

**Opening Hours:** Mon to Fri – 13.30pm to 16.30pm  
**Tel:** 0161 228 7654  
**Email:** [info@centrepoint.org](mailto:info@centrepoint.org)  
**Website:** <https://centrepoint.org.uk/manchester>

**Rough sleepers/ urgent cases** on Monday, between 10.00am – 12.30pm.

**National Helpline** 0808 800 0661 for 16-25's who are homeless or at risk of homelessness, Mon - Fri between 9.00am – 17.00pm.

**7. Change Grow Live (CGL)**

Carnarvon Street Hub, 43a Carnarvon Street, M3 1EZ

**Opening Hours:** Mon to Fri – 9.00am to 17.00pm  
**Tel:** 0161 2140770  
**Outreach Tel:** 07909 213 681  
**Email:** [manchester@cgl.org.uk](mailto:manchester@cgl.org.uk)  
**Website:** <https://changegrowlive.org/manchester/opiates>

Opiate team operates from three hubs across City to provide drug and alcohol services.

**8. Change Grow Live (CGL)**

Bradnor Point, Bradnor Road, Sharston Industrial Estate, Wythenshawe, M22 4TF

**Opening Hours:** Mon to Fri – 9.00am to 17.00pm  
**Tel:** 0161 945 8772  
**Outreach Tel:** 07909 213 681  
**Email:** [manchester@cgl.org.uk](mailto:manchester@cgl.org.uk)  
**Website:** <https://changegrowlive.org/manchester/opiates>

Opiate team operates from three hubs across City to provide drug and alcohol services.

## 9. Change Grow Live (CGL)

Zion Community Centre 339, Stretford Road, Hulme, M15 4ZY

**Opening Hours:** Mon to Fri – 9.00am to 17.00pm  
**Tel:** 0161 226 5526  
**Outreach Tel:** 07909 213 681  
**Email:** [manchester@cgl.org.uk](mailto:manchester@cgl.org.uk)  
**Website:** <https://changegrowlive.org/manchester/opiates>

Opiate team operates from three hubs across City to provide drug and alcohol services.

## 10. Change Grow Live (CGL) Eclipse

41 Thomas Street, M4 1LW

**Opening Hours:** Mon to Fri – 9.00am to 17.00pm  
**Tel:** 0161 839 2054  
**Email:** [eclipsemanchester@cgl.org.uk](mailto:eclipsemanchester@cgl.org.uk)  
**Website:** [www.changegrowlive.org/eclipse/info](http://www.changegrowlive.org/eclipse/info)

Provides support on drug and alcohol services for under 19's.

## 11. Coffee4Craig

The Meanwhile, Unit 5, 153 Great Ducie Street, M3 1FB

**Opening Hours:** Mon – Fri between 18.00pm – 20.00pm  
Sat – Sun between 17.00pm – 19.00pm  
**Tel:** 07543 590 330  
**Email:** [office@coffee4craig.co.uk](mailto:office@coffee4craig.co.uk)  
**Website:** [www.coffee4craig.org](http://www.coffee4craig.org)

**Drop-in-session** on Thursday between 11.00am – 14.00pm in partnership with Street Paws

Provides food, showers, medical and crisis support.

## 12. Cornerstone Day Centre

104B Denmark Road, M15 6JS

**Opening Hours:** Mon – Fri between 10.00am – 15.00pm  
**Tel:** 0161 232 8888  
**Email:** [info@cornerstonecds.org.uk](mailto:info@cornerstonecds.org.uk)  
**Website:** <https://cornerstonecds.org.uk>

**Homelessness Prevention Drop-In** on Mon – Fri between 10.00am – 12.00pm

**Access to shower facilities** on Mon – Fri between 10.00am – 14.30pm

**Free Community Lunch** on Mon – Fri between 12.00pm – 13.30pm

**Street Engagement Hub** on Monday between 10.00am – 13.00pm

**Vision Care** on Wednesday between 10.00am – 14.00pm

Provides meals, showers & clothes to street homeless, destitute, or living in hostels only.

### **13. Justlife**

1479-1489 Ashton Old Road, Manchester, M11 1HH

**Opening Hours:** Mon, Tue, Thurs between 10.00am -12.00pm (drop-in) and between 13.00pm – 16.00pm (by appointments)

Wed between 13.00pm – 16.00pm (activities and by appointments)

Fri between 11.00am -13.00pm (drop-in) and between 13.00pm – 16.00pm (by appointments)

**Tel:** 0161 285 5888

**Email:** [info@justlife.org.uk](mailto:info@justlife.org.uk)

**Website:** [www.justlife.org.uk](http://www.justlife.org.uk)

Provides outreach and ‘pop-up drop-ins’ to people living in unsupported temporary accommodation.

### **14. Lifeshare**

First Floor, 27 Houldsworth Street, M1 1EB

**Opening Hours:** Mon – Fri between 10.00am – 17.00pm (appointments only)

**Tel:** 0161 235 0744

**Email:** [office@lifeshare.org.uk](mailto:office@lifeshare.org.uk)

**Website:** [www.lifeshare.org.uk](http://www.lifeshare.org.uk)

Provides support and advice for under 25’s street homeless.

### **15. Weekend Breakfast Project (Lifeshare)**

Nexus Art Café, 2 Dale Street, M1 1JW

**Opening Hours:** Sat and Sun between 7.00am – 9.00am

**Tel:** 0161 236 0100

Provides fresh butties, tea, coffee, fruit, cereal bars, and bottles of water.

### **16. Manchester Council**

Town Hall Albert Square, Manchester, M60 2LA

**Opening Hours:** Mon – Fri between 8.30am – 17.00pm

**Tel:** 0161 234 5339 / 0161 234 4692

**Out of Hours Tel:** 0161 234 5001 Option 2

**Email:** [outreach\\_in-reach@manchester.gov.uk](mailto:outreach_in-reach@manchester.gov.uk)

**Website:** [www.manchester.gov.uk](http://www.manchester.gov.uk)

### **17. Manchester Action on Street Health (MASH)**

94-96 Fairfield St, Manchester, M1 2WR

**Opening Hours:** Mon – Thurs between 15.00pm to 18.00pm  
Fri between 12.30pm to 15.30pm

**Tel:** 0800 183 0499  
**Email:** [janelle@mash.org.uk](mailto:janelle@mash.org.uk)  
**Website:** [www.mash.org.uk](http://www.mash.org.uk)

**MASH Clinic**, drop-in medical service with a nurse. Can contact nurse on 07980 719 155.

**MASH Van**, outreach services around Fairfield Street and Cheetham Hill on Tues-Thurs between 20.00pm – 00.00am

Providing advice and support to women in sex work.

### **18. Men's room**

First Floor, Raven House, 113 Fairfield St, Manchester, M12 6EL

**Opening Hours:** Tues – Fri between 10.00am – 16.00pm  
**Tel:** 0161 834 1827  
**Email:** [Kellie@mroom.co.uk](mailto:Kellie@mroom.co.uk)  
**Website:** [www.mroom.co.uk](http://www.mroom.co.uk)

Provides support and advocacy service through remotely or face to face by prior appointment.

Provides outreach work with male sex workers.

### **19. Mustard Tree**

110 Oldham Rd, Ancoats, Manchester M4 6AG (main entrance on Bengal Street)

**Opening Hours:** Mon – Sat between 10.00am – 14.00pm  
**Tel:** 0161 850 2282  
**Email:** [information@mustardtree.org.uk](mailto:information@mustardtree.org.uk) / [referrals@mustardtree.org.uk](mailto:referrals@mustardtree.org.uk)  
**Website:** [www.mustardtree.org.uk](http://www.mustardtree.org.uk)

Food pantry, shop and training opportunities for people experiencing poverty and homelessness

### **20. On the Out**

The Big House, Unit 10, Dale House, Vickers Street, Manchester, M40 8EF

**Opening Hours:** Mon – Fri between 10.00am – 16.00pm  
**Tel:** 07387 704 603 / 07943 775 526 / 07452 809 664  
**Email:** [info@ontheout.org](mailto:info@ontheout.org)  
**Website:** [www.ontheout.org](http://www.ontheout.org)

**Street Engagement Hub** situated outside of Mustard Tree (not part of Mustard Tree), 110 Oldham Road, M4 6AG on Thursday between 12.00pm – 17.00pm.

Information updated September 2022

**Outreach**, The Meanwhile, 153 Great Ducie Street, M3 1FB on Wednesday between 11.00am – 16.00pm.

Support and drop-in services for people recently released from Prison.

### **21. Reach out to the Community**

Charity Shop and Community Hub, 488 Wilbraham Road, Chorlton, M21 9AS

**Opening Hours:** Mon – Sat between 10.00am – 17:00pm  
**Tel:** 0161 862 9415 / 07516 161 655  
**Email:** [ReachOutCommunity@yahoo.com](mailto:ReachOutCommunity@yahoo.com)  
**Website:** <https://reachouttothecommunity.co.uk>

Outreach around south Manchester also supports where required for street homeless people.

### **22. Shelter**

Victoria House, 5 Samuel Ogden Street, M1 7AX

**Opening Hours:** Mon – Fri between 9.30 am - 5.00 pm  
**Tel:** 03301 755 121  
**Email:** [manchester@shelter.org.uk](mailto:manchester@shelter.org.uk)  
**Website:** [https://endgland.shelter.org.uk/get\\_help](https://endgland.shelter.org.uk/get_help)

**Legal advice** for Manchester area, please call 0344 515 1774 during opening hours.

**Free national emergency helpline**, where you have become homeless, worried about losing your home in the next two months, have nowhere to stay tonight and area at risk of harm or abuse, please call 0808 800 4444 on Mon – Fri between 8.00am – 20.00pm and Weekends / Bank Holidays between 9.00am – 17.00pm.

### **23. Urban Village Medical Practice**

Ancoats Primary Care Centre, Old Mill Street, M4 6EE

**Opening Hours:** Mon to Fri between 8:30pm to 18:00pm  
**Tel:** 0161 272 5656  
**Email:** [manchester@shelter.org.uk](mailto:manchester@shelter.org.uk)  
**Website:** <https://uvmp.co.uk>

**Drop-in registration session** on Monday and Thursday between 10.00am – 11.30am.

Once registered, patients can do drop-in on Monday to Thursday between 14.30pm – 16.30pm.

**To book appointment outside of Monday to Thursday**, please call 0161 272 5656

Provides a range of primary health and other services available by appointment for homeless people. Outreach services.

## 24. Citizens Advice

Albert House, 17 Bloom St, Manchester M1 3HZ

**Opening Hours:** Mon to Fri between 8.30am – 17.30pm  
**Tel:** 0808 278 7800  
**Out of Hours:** 7 days between 18.00pm – 21.00pm  
**Out of Hours Tel:** 0161 850 5053  
**Website:** [www.citizensadvicemanchester.org.uk](http://www.citizensadvicemanchester.org.uk)

Free confidential advice

## 25. Greater Manchester Immigration Aid Unit (GMIAU)

1 Delaunays Road, Crumpsall, Manchester, M8 4QS

**Opening Hours:** Mon and Fri between 9.30am – 13.00pm  
Wed between 12.30pm – 16.00pm  
**Tel:** 0161 740 7722  
**Email:** [info@gmiau.org](mailto:info@gmiau.org)  
**Referrals Email:** [referrals@gmiau.org](mailto:referrals@gmiau.org)  
**Website:** <https://gmiau.org>

Provides immigration support and advice.

### Helplines Support and Services:

#### **Manchester Rape Crisis helpline**

**Opening Hours:** Mon and Fri between 10.00am – 16.00pm  
**Tel:** 0161 273 4591  
**Helpline Hours:** Mon to Fri between 10.00am – 16.00pm  
Wed and Thursday Evenings between 18.00pm – 21.00pm  
**Helpline Tel:** 0161 273 4500  
**Email:** [help@manchesterrapecrisis.co.uk](mailto:help@manchesterrapecrisis.co.uk)  
**Website:** [www.manchesterrapecrisis.co.uk](http://www.manchesterrapecrisis.co.uk)

#### **National Domestic abuse**

**Helpline Hours:** 24- hours  
**Helpline Tel:** 0808 2000 247  
**Website:** [www.nationaldahelpline.org.uk](http://www.nationaldahelpline.org.uk)

#### **Universal Credit**

**Helpline Hours:** Mon to Fri between 8.00am – 18.00pm  
**Helpline Tel:** 0800 328 5644  
**Website:** [www.understandinguniversalcredit.gov.uk](http://www.understandinguniversalcredit.gov.uk)

**Stepchange Debt Charity**

Wade House, Merrion Centre, Leeds, LS2 8NG

**Helpline Hours:** Mon -Fri between 8.00am – 20.00pm  
Sat between 8.00am – 16.00pm

**Helpline Tel:** 0800 138 1111

**Email:** [contactus@stepchange.org](mailto:contactus@stepchange.org)

**Website:** [www.stepchange.org](http://www.stepchange.org)