#### Tuesday 22<sup>nd</sup>

Barnabus - Beacon support centre open 9am - 12pm. Support office open 9am - 3pm

**Booth Centre** 0161 835 2499 "Covid" Christmas. Food & takeaway provision, people need to book places in advance via booth centre. No walk in's,

Breakfast Project Oldham St Next to Methodist central hall 7am – 9am

**Coffee4Craig** 6 – 8pm hot meals, showers, clothing, crisis support, medical support.

**Centrepoint**, Calls from 10am. 0161 228 7654 Walk in @ 1.30pm – 4pm, Helpline from 9am 0808 800 0661

**Cornerstone** 12-1.30pm hot soup & bread roll, packed lunch & fresh food parcels. Showers & clean clothes to rough sleepers. Washing & drying service by prior arrangement. Advice & information 9am - 4pm by appointment only

**Lifeshare** 0161 235 0744 for support under 25's

Manchester City Mission Narrowgate 10 am – 4 pm

Manchester Mental Health homeless Team, Normal hours, 9am – 5pm

**MASH** Drop in at the MASH Centre 3pm – 6pm. City centre foot outreach 12pm – 2pm

Outreach van 8pm - Midnight.

**Mustard Tree** 10am – 2pm, Food club, Furniture, clothing.

**On the Out** 9am – 5pm 07452809664

Reach out to the Community 10am – 4pm Referrals only. 07707789229

Shelter Emergency Housing Issues/Legal cases only 9am -5pm 0344 515 1640

**The Men's room** 0161 834 1827 Support and Advocacy service 10 am – 4 pm remotely and with face to face by prior appointment + Outreach.

The Wellspring Takeout hot food for rough sleepers:

8:30am-10:30am. 12:30pm-2:30pm Support staff available 8am-4pm 01614776344

Urban Village 8am – 6.30pm

#### Wednesday 23<sup>rd</sup>

Audacious Church Takeaway food 1pm – 3pm

**Booth Centre** 0161 835 2499 "Covid" Christmas. Food & takeaway provision, people need to book places in advance via booth centre. No walk –in's,

Breakfast Project Oldham St next to Methodist central hall 7 – 9am

**Centrepoint** Calls from 10am. 0161 228 7654 Walk in @ 1.30pm – 4pm, Helpline from 9am 0808 800 0661

**Coffee4Craig** 6pm – 8pm hot meals, showers, clothing, crisis support, medical support.

**Cornerstone** 12-1.30pm hot soup & bread roll, packed lunch & fresh food parcels. Showers & clean clothes to rough sleepers. Washing & drying service by prior arrangement. Advice & information 9am - 4pm by appointment only

Lifeshare 0161 235 0744 for support under 25's

MASH Drop in at the MASH Centre 3 – 6pm. City centre foot outreach 12 – 2pm

Outreach van 8pm - Midnight.

Manchester City Mission Narrowgate 10 am – 4 pm

**Mustard Tree** 10am – 2pm, Food club, Furniture, clothing.

On the Out 9am – 5pm 07452809664 Also at Coffee4Craig

Reach out to the Community 10am – 4pm Referrals only. 07707789229

**Salford Loafes and Fishes** 0161 737 8775 9.30am – 3.30pm Support Appointments Welfare Parcels. 12.45-1.45pm Free Takeaway Lunch

Shelter Emergency Housing Issues/ Legal cases only 9am -5pm 0344 515 1640

**The Wellspring** Takeout hot food for rough sleepers:

8:30-10:30am. 12:30-2:30pm Support staff available 8am-4pm 01614776344

**Urban Village** Normal times 8am – 6.30pm

## Thursday 24th

**Booth Centre** 0161 835 2499 "Covid" Christmas. Food & takeaway provision, people need to book places in advance via booth centre. No walk – in's.

Breakfast Project Oldham St next to Methodist central hall 7am – 2pm

**Centrepoint** Calls from 10am. 0161 228 7654 Walk in @ 1.30pm – 4pm, Helpline from 9am 0808 800 0661

Coffee4Craig 6pm – 8pm hot meals, showers, clothing, crisis support, medical support.

**Cornerstone** 12-1.30pm hot soup & bread roll, packed lunch & fresh food parcels. Showers & clean clothes to rough sleepers. Washing & drying service by prior arrangement. Advice & information 9am - 4pm by appointment only

Lifeshare 0161 235 0744 for support under 25's

MASH Drop in at the MASH Centre 3pm – 6pm. City centre foot outreach 12pm – 2pm Outreach van 7pm -11pm.

**Mustard Tree** 10am – 2pm, Food club, Furniture, clothing.

On the Out 9am - 4pm 07452809664

Reach out to the Community 10am – 4pm Referrals only. 07707789229

**Salford Loafes and Fishes** 0161 737 8775 9.30am – 2pm Support Appointments Welfare Parcels. 12.45-1.45pm Free Takeaway Lunch

Shelter Emergency Housing Issues/Legal cases only 9am -3pm 0344 515 1640

**The Men's room** 0161 834 1827 Support and Advocacy service 10 am – 4 pm remotely and with face to face by prior appointment + Outreach.

**The Wellspring** Takeout hot food for rough sleepers:

8:30am-10:30am. 12:30pm-2:30pm Support staff available 8am-4pm 01614776344

**Urban Village** Normal times 8am – 6.30pm

## Friday 25<sup>th</sup>

**Booth Centre** 0161 835 2499 "Covid" Christmas. Food & takeaway provision, people need to book places in advance via booth centre. No walk - ins,

Breakfast Project Oldham St next to Methodist central hall 7am – 2pm

**Coffee4Craig** 10.30am – 8pm hot meals, showers, clothing, crisis support, medical support & Christmas films.

Cornerstone – 10 – 11.30am Hot take away breakfast, 12 -2pm hot takeaway lunch

Shelter National Helpline 0808 800 4444

**St James** Higher Broughton Ticket Only sit down meal + take home pack and gift for each guest.

The Wellspring 8am – 2pm. Hot meals 8:30am-10:30am. 12:30pm-2pm

### All services adhere to current Covid guidelines

#### Saturday 26th

**Breakfast Project** Oldham St next to Methodist central hall 7am – 2pm

**Coffee4Craig 4pm** – 8pm hot meals, showers, clothing, crisis support, medical support.

Shelter National Helpline 0808 800 4444

**The Wellspring** 8am – 3pm. Hot meals 8:30-10:30am. 12:30-2pm

## Sunday 27<sup>th</sup>

Breakfast Project Oldham St next to Methodist central hall 7am – 2pm

Centrepoint Helpline 0808 800 0661

**Coffee4Craig** 5pm – 7pm hot meals, showers, clothing, crisis support, medical support.

Shelter National Helpline 0808 800 4444

**The Wellspring** 8am – 3pm. Hot meals 8:30-10:30am. 12:30-2pm

### All services adhere to current Covid guidelines

## Monday 28th

Breakfast Project Oldham St next to Methodist central hall 7am – 2pm

Centrepoint Helpline 0808 800 0661

**Coffee4Craig** 5 – 7pm hot meals, showers, clothing, crisis support, medical support.

**Cornerstone** - 12-1.30pm hot soup & bread roll, packed lunch & fresh food parcels. Showers & clean clothes to rough sleepers. Washing & drying service by prior arrangement. Advice & information 9am - 4pm by appointment only

MASH Outreach van 8pm - midnight.

**On the Out** 9am – 4pm 07452809664

Shelter National Helpline 0808 800 4444

**The Wellspring** 8am – 3pm. Hot meals 8:30-10:30am. 12:30-2pm

### All services adhere to current Covid guidelines

## Tuesday 29th

Barnabus Beacon support centre open 9am - 12

**Booth Centre** 0161 835 2499

Breakfast Project Oldham St next to Methodist central hall 7am – 2pm

**Centrepoint** Calls from 10am. 0161 228 7654 Walk in @ 1.30pm – 4pm, Helpline from 9am 0808 800 0661

Coffee4Craig 6pm -8pm showers, food, clothes, crisis support, medical support.

**Cornerstone** - 12-1.30pm hot soup & bread roll, packed lunch & fresh food parcels. Showers & clean clothes to rough sleepers. Washing & drying service by prior arrangement. Advice & information 9am - 4pm by appointment only

Manchester Mental Health Homeless Team 9am – 5pm

MASH Outreach van 8pm – midnight.

**The Men's room** 0161 834 1827 Support and Advocacy service 10 am - 4 pm remotely and with face to face by prior appointment + Outreach.

On the Out 9am - 5pm 07452809664

Reach out to the Community 10am – 4pm Referrals only. 07707789229

Salford Loafes & Fishes 9.30am-12.30pm – Refreshments & Snacks Only

Shelter Emergency Housing Issues/Legal cases only 9am -5pm 0344 515 1640

The Wellspring Takeout hot food for rough sleepers:

8:30-10:30am. 12:30-2:30pm Support staff available 8am-4pm 01614776344

Urban Village 8am – 6.30pm

# All services adhere to current Covid guidelines

## Wednesday 30th

Barnabus Beacon support centre open 9am - 12

**Booth Centre** 0161 835 2499

Breakfast Project Oldham St Next to Methodist central hall 7am – 9am

**Centrepoint** Calls from 10am. 0161 228 7654 Walk in @ 1.30pm – 4pm, Helpline from 9am 0808 800 0661

Coffee4Craig 6pm -8pm showers, food, clothes, crisis support, medical support.

**Cornerstone** - 12-1.30pm hot soup & bread roll, packed lunch & fresh food parcels. Showers & clean clothes to rough sleepers. Washing & drying service by prior arrangement. Advice & information 9am - 4pm by appointment only

Manchester Mental Health Homeless Team 9am – 5pm

MASH Outreach van 8pm – midnight.

**The Men's room** 0161 834 1827 Support and Advocacy service 10 am – 4 pm remotely and with face to face by prior appointment + Outreach.

On the Out 9am – 5pm 07452809664 also @ Coffee4Craig

Reach out to the Community 10am – 4pm Referrals only. 07707789229

Salford Loafes & Fishes 9.30am-12.30pm – Refreshments & Snacks Only

Shelter Emergency Housing Issues/ Legal cases only 9am -5pm 0344 515 1640

**The Wellspring** Takeout hot food for rough sleepers:

8:30-10:30am. 12:30-2:30pm Support staff available 8am-4pm 01614776344

**Urban Village** 8am – 6.30pm

# All services adhere to current Covid guidelines

#### Thursday 31st

Barnabus Beacon support centre open 9am - 12

**Booth Centre** 0161 835 2499

**Breakfast Project** Oldham St Next to Methodist central hall 7am – 9am

**Centrepoint** Calls from 10am. 0161 228 7654 Walk in @ 1.30pm – 4pm, Helpline from 9am 0808 800 0661

**Coffee4Craig** 6pm -8pm showers, food, clothes, crisis support, medical support.

Manchester Mental Health Homeless Team 9am – 5pm

MASH Outreach van 8pm – midnight.

**The Men's room** 0161 834 1827 Support and Advocacy service 10 am – 4 pm remotely and with face to face by prior appointment + Outreach.

**On the Out** 9am – 5pm 07452809664

Reach out to the Community 10am – 3pm Referrals only. 07707789229

Salford Loafes & Fishes 9.30am-12.30pm – Refreshments & Snacks Only

Shelter Emergency Housing Issues/ Legal cases only 9am -5pm 0344 515 1640

**The Wellspring** Takeout hot food for rough sleepers:

8:30-10:30am. 12:30-2:30pm Support staff available 8am-4pm 01614776344

**Urban Village** 8am – 6.30pm

#### All services adhere to current Covid guidelines

#### Friday 1<sup>st</sup>

Breakfast Project Oldham St next to Methodist central hall 7am – 1pm

Coffee4Craig 6pm -8pm showers, food, clothes, crisis support, medical support.

Shelter National Helpline 0808 800 4444

**The Wellspring** 8am – 2pm. Hot meals 8:30-10:30am. 12:30-2pm

Audacious Church, Trinity Way, Manchester, M3 7BB

Barnabus, 45 Bloom Street, M1 3LY 0161 237 3223

Booth centre, Pimblett St. M3 1FU 0161 835 2499

Centrepoint, 1 N Parade, Manchester M3 2NH: 0161 228 7654

Coffee4Craig, the Meanwhile Unit 5, 153 Great Ducie ST

Cornerstone 104 Denmark RD. Hulme.

Lifeshare: 0161 235 0744 for support under 25's

Manchester City Mission Narrowgate Churchill Way, Salford M6 5BU

MASH, Fairfield St

Men's room, Fairfield St. 0161 834 1827

Mustard Tree, Oldham Rd - Bengal St

Reach out to the Community, 488 Wilbraham Road Chorlton M21 9AS 0161 862 9415

Salford Loafes and Fishes, 1 Paddington Close Salford M6 5PL. 0161 737 8775

Shelter National Helpline 0808 800 4444

The Wellspring, Harvey St. Stockport 01614776344

Urban Village Medical Practice, Old Mill Street, M4 6EE 0161 272 5656